



ILLUMINAISSANCE
Peggy Laasch Coaching & Consulting



WORKBOOK

*Serenity,
Creativity, &
Prosperity*



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Hello and welcome!

My name is Priya and I am thrilled you are here with me! I love manifesting – how about you? We all manifest daily, mostly when we look for the ‘parking angels’ while shopping and ask for that one spot, right in front... easy, right? And most of all: you are neither stressed, nor anxious, nor do you doubt it will come to you. Easy and graceful – the true way to manifest! Well, guess what? Manifesting your dreams is as easy as this. It is not only easy but possible in every area of your life. And fun. Join a group of manifestors who love to guide those looking to create some magic together.

So, in this workshop you will learn how to stay serene no matter the circumstances, how to get creative beyond your means and tap into the infinite potential that is ever present and how to manifest the prosperity you always wanted.

And this is not all.... You will be amazed how easy it is, once you realize that the only person holding you back from receiving your God given abundance is the one looking in the mirror. Once you learn how the subconscious and the conscious mind are at the root of our results and how they impact every area in our life, your whole thinking will shift.



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We will talk about what a money mindset actually is and assess if you have a negative or positive belief about money. You get tips on how to manifest more money into your life. Because just like the parking spot: what you believe is what you receive. It's thrilling when you start to notice the shift. Your entire life will start to change when you focus on limitless possibilities! Now hold the belief that everything flows easily in your life. And that is exactly what will happen.

To your success and JOY,

Priya B.



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Serenity

Describe how you feel when you are serene and have peace of mind.

On a scale from 1 (least) – 10 (most): how serene are you? Why not? Which thoughts are blocking you from feeling more serene?

List 5 things that you can implement in your life to have more serenity in your life.

Write an affirmation in the present tense where you see areas in your life you can improve serenity in your life. Repeat twice daily, mornings and evenings for the next 10 days. Notice any shifts happening.



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Creativity

On a scale from 1 – 10: how creative are you in your life? What value has creativity in your life? _____

List 3 areas in your life where you would like to see your creativity improve. Write out any blockages that you feel in these areas now.

Out of these areas, choose one where you could you become more creative in this week.

Create an affirmation in the present tense about this area and the creative flow that is now coming to you. See it done while repeating it twice daily.



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Prosperity

What does the word prosperity mean to you? Notice any negative or positive feelings associated with prosperity, abundance & money.

Which areas in your life do you not feel abundant enough in? Would you like to improve these areas?

Read the list above. Write in detail how you would like to see the prosperity flow improve each area.

Repeat the following affirmation 2x daily: I am so happy and grateful now that prosperity is flowing with ease and grace into my life and increasing daily.